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IDEA FUSION

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Department of Human Movement Sciences  
Student Recreation Center, Suite 2006  
Norfolk, Virginia 23529-0196  
Phone: (757) 683-4995 Fax: (757) 683-4270

term health care.

To participate in the program, please provide us with a signed copy of the informed consent form and medical history questionnaire that are attached to this letter, and return to the Foreword.

In addition, please fill out the "Participant's Authorization for Release of Medical Information Form", which is the second page in the Physician's Information Packet, and give packet to your physician. You need physician's clearance to participate in the program.

I look forward to working with you. If you have any questions, please call 6833133, or the



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## **Exercise History**

## **Social Information**

## **Goals and Education**



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## **Participant's Authorization for Release of Medical Information Form**



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WELLNESS INSTITUTE AND RESEARCH CENTER**

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## **PHYSICIAN'S PERMISSION FORM**

PHYSICIAN RECOMMENDATIONS:

**3**



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I recommend the applicant not to participate. \_\_\_\_\_

I know of no reason why the applicant may not participate. \_\_\_\_\_

I believe the applicant can participate but I urge caution because:

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The applicant should not engage in the following activities:

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